

ROAD EVENT



ENTRIES



STARTING TIMES 80 Km @ 07h00
30 Km @ 07h45

ROUTE
THORBURN
SECURITY SOLUTIONS



Cyclists for both events leave the venue and proceed toward the northern gate of the West Coast National Park. From there the event takes place exclusively within the confines of the National Park. For the duration of the race the Park will be closed to all traffic except official race vehicles. The deceptively hilly route follows the winding road around the lagoon. Beautiful scenery with possible animal sightings will add interest to your ride.

REFRESHMENTS Water & Coke will be provided at water points.

FOOD STALLS Beer tent and food stalls at Langebaan Country Estate.

MEDICAL The South African Paramedic Services will be on standby.

CUT-OFF TIME 11h30

- RULES**
- The race will be conducted under the PPA Cycle Tour Rules.
 - Competitors must wear helmets and 2017 PPA seeded funride numbers, or a temporary funride number on their back.
 - No child under 12 years of age may take part unless accompanied by an adult participant at all times.
 - The use of tri-athlete or time-trial bars is prohibited in the interest of safety for group riding.
 - PPA members with seeded numbers must wear the number for preferential start.
 - Un-seeded and non-PPA members must purchase a temporary number at the entry tables at registration (Friday - Saturday)
 - Cyclists with temporary numbers will start in groups after seeded cyclists.
 - The event ends with the lucky draw. Prize winners must collect their own prize.
 - Cyclists must obey all traffic rules. Cyclists must STOP if so instructed.
 - Cyclists must pull off the road to do repairs.
 - Cyclists may only receive refreshments at designated feeding points.
 - No seconding will be allowed. No cars allowed in Park during race.
 - No littering on route, except in litter boxes near water stations.
 - Prize giving: Will be held at 12h00



PEDAL POWER ASSOCIATION



South African NATIONAL PARKS Honorary Rangers™

Weslander

REGISTRATION

WHEN Friday 10 NOVEMBER 2017: From 15h00 until 19h00 for 80km & 30km races
Saturday 11 NOVEMBER 2016: From 06h00

WHERE At Langebaan Country Estate, 1 Oostewal Road, Langebaan. Follow the signs.

DIRECTIONS From Cape Town, take the R27 (West Coast road) past Melkbosstrand. Continue north on the R27 for some 90 km to the weighbridge turnoff to Langebaan. Take your first left and keep left at the T junction. Keep on this road until the intersection to Oostewal Road. Turn right and drive a further 1.35km where you turn left at the entrance to the Langebaan Country Estate. Follow the signs to the registration venue. (GPS Coordinates S33:04:20.6. E18:03:15.6)



CLOSING DATE FOR PRE-ENTRIES Postal: 09th NOVEMBER 2017
Online: 09th NOVEMBER 2017
Late: 07h45 on 11th NOVEMBER 2017

HOW TO ENTER Postal: Langebaan Country Estate Cycle Challenge, PO Box 369, Langebaan, 7357.
Online: www.racetec.co.za / www.pedalpower.co.za
Fax: (022) 7722 787 (including bank deposit slip)

PAYMENT OPTIONS Acc Name: SANParks Honorary Rangers
Acc No.: 1585 392 448, Nedbank Current Account, Branch code: 198 765
Ref: WCOA LCE plus your name

NON-PPA MEMBERS Temporary number at R5 (available at entry table at day of race)

NUMBER BOARD Temporary number board at R25 (available at entry table at day of race)

AT LANGEBAAN COUNTRY ESTATE

Pasta Evening
Friday 10 Nov
with registration
15h00 to 19h00
Choose from 3 from R55pp

Finish Area
Food stalls &
Kiddies area will
be available on the
LCE Driving Range

Sunday MTB
FUNRIDE (12 Nov)
18km @ 07h30
38km @ 08h00

WWW.LCECYCLECHALLENGE.CO.ZA | INFO@LCECYCLECHALLENGE.CO.ZA

Graham Down: 081 827 8903 / Kate Richardson: 076 400 6044

ACCOMMODATION

Langebaan Country Estate: 022 772 2112 / WWW.LCE.CO.ZA
www.capewestcoastpeninsula.co.za
Tourism Office on 022 772 1515 / Tourism info: www.langebaaninfo.com
PPA Emergency phone: 083 414 1442

LANGEBAAN IS ONLY 125KM FROM CAPE TOWN

Come & enjoy the Hospitality of the West Coast

#LCECycleChallenge

/LagoonCycleChallenge

/LCELagoonCycle



LANGEBAAN
COUNTRY ESTATE